2024 BRITISH LITERARY TOUR GENERAL INFORMATION



Selection & Screening Process

Directors consider student demeanor, character, personality, physical and emotional health, academic performance, and interests. Evaluation is based on directors' knowledge, and information supplied by the student. Not all applicants may be accepted.

Accompanying Parents

This is, first and foremost, a student study abroad program, and there is a limited number of spaces. Once all accepted students have confirmed their commitment to participate, parents will then be considered for remaining spots. Parents would have to then apply to BYU–I as non-matriculating students in order travel under the auspices of the University.

Courses

The British Literary Tour is an academic program, which can advance students toward graduation. Students may wish to take:

- Foundations/GE classes
- courses toward an English major/minor
- elective credits

Students must take at least 3 credits but can take in up to 10 credits (although this is not necessarily recommended). All students must enroll in English 290R, the 1-credit travel lab.

English 151	Introduction to Literature	Bro. Gorton	3 credits
English 218	Creative Writing	Bro. Harrell	3 credits
English 333	British Literature: Victorian/Modern Periods	Bro. Harrell	3 credits
English 350	Themes: British Romanticism	Bro. Brugger	3 credits
English 373	Shakespeare	Bro. Gorton	3 credits
Religion 341	LDS Church History (1805-1844)	Bro. Brugger	2 credits
English 290R	Special Topics: Travel Study	Bro. Brugger	1 credit

Finances

As you think about the cost of this program, consider what you might spend during a summer term at BYU–I (housing, food, entertainment, etc.). Factor in the special group/educational rates that we will receive, and this tour becomes extremely cost effective.

Tuition

Tuition will be charged to your account after you register for tour classes. If you take fewer than 6 credits, you pay the per-credit rate. See http://www.byui.edu/financial-aid/cost-of-attendance.

Loans, Grants & Scholarships

Any loans, grants, scholarships, or other financial aid you would receive for spring semester/summer term can be applied to the British Literary Tour. Contact BYU–Idaho Financial Aid at 208.496.1600 if you have additional questions.

Payment Schedule

Program costs can be paid in full upon acceptance, or following this payment schedule:

\$500 as a "down payment" deposit	by December 1, 2023 then	
an additional \$1000	by January 1, 2024	
an additional \$1000	by February 1, 2024	
an additional \$1000	by March 1, 2024	
an additional \$1000	by April 1, 2024	

Schedule subject to University approval.

Payment of the non-refundable deposit secures your space on the tour; this deposit is used to begin paying for airfare, hotels, and event tickets. In case of cancellation on the student's part (no matter the cause), students lose the deposit as well as any additional costs already incurred. However, every effort will be made to keep losses to a minimum.

Debit/Credit Cards

Most British and French businesses accept U.S. credit and debit cards. However, you must contact your bank before you leave and have your cards authorized for international spending; otherwise, your transactions may be blocked. Additionally, your bank may assess international transaction fees, so inquire before departure. BYU–I students can open an account at Beehive Federal Credit Union here in Rexburg, which offers cards without international transaction fees. Many businesses accept Apple Pay or Google Pay.



Money Conversion

With ATMs in most towns and cities, you can convert American dollars to British pounds (£) and European euros (€) as easily as withdrawing money from the cash machine. Realize that you will pay a fee for international ATM usage, so don't plan on taking out a mere \$20 each time. Fewer, larger transactions will cost less. We strongly encourage you to get \$50 or \$100 worth in British pounds sterling to bring for the first day or two abroad. You can arrange this through your bank,

but will need to inquire a week or two before departure.

Traveler's Cards

MasterCard offers a prepaid card, and one that's accepted worldwide—or anywhere that accepts MasterCard. It looks like a debit card, but like with traveler's checks you'll get your money back should it get lost or stolen, as the card has a "zero liability" clause that protects you from unauthorized purchases.

Travelex sells Amex traveler's checks, but also has something called a "cash passport," which is basically a modern-day traveler's check in the form of a chip- and pin-enabled debit card that's easily

basically a modern-day traveler's check in the form of a chip- and pin-enabled debit card that's easily replaceable, and not connected to your bank accounts. The twist here is that one card can carry up to six different currencies, which is great for world travelers or multi-stop trips.

Visa sells traveler's checks, but they also have something called the Visa Travel Money Card, which is essentially a debit card version of traveler's checks—prepaid reloadable Visa debit cards that are accepted any place that takes Visa. Similar to traveler's checks, these cards will be replaced along with their balance within about 24 hours. That said, reloading and ATM fees may still apply.







<u>Security</u>

Get a security pouch, wallet, or belt to hold tickets, passport, and money. Plan to keep these items on your person at all times, and wear the security pouch under your clothes. Pickpockets target tourists, and we will be obvious (maybe oblivious?). See tour packing list for examples.

Important Papers

Make sure your parents/guardians have a copy of the tour's itinerary, as well as hotel and emergency contact information. It's advisable to make photocopies (as possible) of your airline tickets, rail passes, the ID page of your passport, your driver's license, insurance cards, and the credit/debit cards you take with you. Leave one set of photocopies at home and take another set with you, storing it in a separate place from the originals. While it may be easier to have these in digital form on your phone, if the phone gets stolen and hacked, then management becomes more difficult.

International Health Insurance

All students who participate in the tour are enrolled in an international travel health and life insurance policy offered by GeoBlue Insurance, the cost for which is included with the tour. The policy is active during the time we are outside the U.S.



However, since GeoBlue is only valid outside the U.S., students are still required to maintain adequate domestic insurance as stipulated by BYU–Idaho.

Additional Travel Insurance

You won't be compensated for the loss, damage, or theft of luggage and/or personal belongings. You can buy your own personal travel insurance if you would like protection against such losses. Discuss with your parents whether their insurance policies would cover you in another country. If so, write down the procedures to follow in case an accident occurs.

Health Requirements

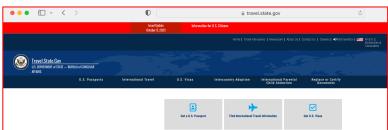
While you aren't required to climb all the cathedral spires, go on every hike, or explore every inch of every site, being active is an important element of the tour. Be in shape before we go. Also, please discuss any health concerns with a tour director prior to applying. BYU–I cannot be responsible for any injuries or illnesses that might occur on the tour.

Passports

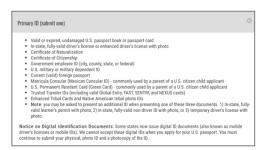
You must have a valid passport for international travel. We will need your passport number for airline tickets, probably in spring 2024. The passport application process can take several months, so get started early. Tips for a painless application process:



- 1. Obtain an official copy of your birth certificate from the Office of Vital Statistics in your state of birth. Photocopies are not accepted.
- 2. Have two duplicate passport photos. You can get these at Walgreens, BYU–I Photo Services, or the U.S. Post Office (check schedules).
- 3. Have all application and processing fees (\$165, see below).
- 4. Have a valid driver's license for identification and verification.
- 5. Once you have your passport, make 3 photocopies of your passport identification page. Leave one copy at home, give one to a program director, carry the other with you—but separately from your passport: this will facilitate replacement if your passport is lost or stolen. Always carry your passport on your person. Do not stow it away in luggage.















Luggage

With a tour of this size, we have limited luggage space. We're not going to check our luggage; rather, you're allowed one carry-on suitcase and a standard backpack. Most airlines' size requirements for carry-on luggage are roughly 22L x 14W x 9H inches. The backpack can't exceed 18L x 14W x 8H and must fit under the seat in front of you. Generally, there is no weight limit for carry-on luggage. Plan on wheeled luggage.



You might fret about fitting everything into such a small space, but you'll be glad you did when you have to carry your gear to the fourth floor of a hotel (many of which don't have elevators, or "lifts," as they're called). Program directors are not porters; plan on carrying your own luggage. Practice packing prior. See tour packing list for suggestions on what to bring—and leave behind.

Cell Phones

If you're on your parents' plan, discuss with them how international travel arrangements would need to be made. Depending on your carrier, you may need to have your cell phone converted/activated for international coverage. Notify them a week or two before departure and follow their instructions.

Some places where we stay will have Wi-Fi, as will popular tourist sites, so you can use your phone's texting and email features without an international plan.

In the U.S., no one uses café Internet because it's insecure. In Europe, everyone uses it. The European Union passed an Internet privacy law that doesn't allow Wi-Fi providers to give away your information. As the UK was still part of the EU at the time, they updated their public Wi-Fi policies, too. In other words, people regularly use public Wi-Fi because it's secure.

Orientation Meetings (probably in Taylor 120)

Planning for a trip is part fun, part work. This spring, we'll start our monthly travel meetings. We'll spotlight certain sites and optional activities to consider, as well as share packing and travel tips. Use these meetings to get to know your travel buds and get answers to your questions. You'll be contacted with the dates and locations of each meeting, but feel free to ask a director any additional questions you might have. Off-track students not in Rexburg for these meetings will receive meeting information and plans by email.

Good Travel Manners

Remember, to varying degrees, you're representing the Church, the United States, BYU-Idaho, the English Department, and the tour. Commit yourself to our unofficial tour motto: "What-e'er thou art, act well thy part"—a favorite phrase of President David O. McKay.



5 Behaviors Europeans Detest



- Shouting. Europeans typically speak in low tones.
- Blocking traffic. Stay out of people's way by moving aside whenever possible.
- Comparing life in America to life in Europe. European ways are enviable, in many cases. Avoid bragging and boasting about America. This is tacky. If anything, tell Europeans what you like about Europe—you'll make a friend for life.
- Complaining. Food will be different. Toilets will flush differently.
 Towels may not be "Downy soft." This is a part of the travel
 experience. Try new foods, new words, and to embrace such
 opportunities as part of a new culture.
- Rudeness and impatience. Be extremely courteous and polite, regardless of what happens.

5 Behaviors Tour Directors Discourage

- Being late. It holds up everyone—don't do it. If you're late 10 minutes and there are 45 people waiting, that's 450 minutes, or 7.5 hours.
- Flirting. This can be dangerous in Europe, as Europeans interpret signals differently.
- Flashing cash. Be "street smart" and discrete when handling money. Be aware that certain people may want to take advantage of you. Theft is very common in Europe. Tourists are easy to identify and victimize. If something feels unsettling, move on.
- Mocking language, customs, mannerisms, etc. In reality, you're just as strange to them (and maybe even more so).
- Being alone. Actually, this is beyond discouraged: it's risky and stupid.

Tour directors will put in place several practices to help us stay together and remain safe. For example, we may insist on a "buddy system" and/or traveling in groups. We'll have a curfew. You'll likely have an assigned number so that when gathering, we'll simply do a count off to quickly identify missing persons. We may also put each other on a "Find My" app (but just for the duration of the tour, of course).

5 Attitudes Tour Directors Appreciate

- Being a team player. Think in terms of what's best for the whole tour, not just yourself. You'll have considerable free time to satisfy your personal interests.
- Assuming tour directors are doing all they can to make the tour enjoyable. Also, remembering they're only human (some things are beyond even their control).
- Being cool when things go wrong, as they inevitably will. Be patient and flexible.
- Being your brother's/sister's keeper. Help each other out, bear one another's burdens, look out for each other.
- Listening to directors' instructions carefully. Most of what they say will be with your best interests in mind.

Finally, for most of you, this trip will be a once-in-a-lifetime experience. We're gone for only 25 days. Given the grandeur of what you're about to experience, you can't afford to be anything less

than excited, cheerful, pleasant, tolerant, understanding, positive, fun, grateful, and gracious. As directors, we understand the responsibilities and obligations we have to you, your parents, and BYU–Idaho. We're thrilled that you're going on this year's tour and are eager to serve you.

REDUCING JET LAG

Jet lag is a combination of physical fatigue, disruption of the body's biological clock, and mental confusion resulting from unfamiliar situations. It can make you feel entirely yucky, or it can be almost unnoticeable.

Jet lag is not a serious condition to people in reasonably good health, but it can rob you of the enjoyment you anticipated during the trip. Feeling droopy for a day or two is no big thing at home, but the days comprising the trip are too precious for that. Avoiding jet lag is worth the few easy adjustments it requires.

5 Things Before the Flight

- Take Vitamin C (500 mg per day) to reduce the possibility of coming down with a cold.
- Get more sleep. Start going to bed early and getting up early to reduce shock to your system (when your travel will be easterly).
- Get moderate exercise.
- Pack well in advance and make all last-minute arrangements well before departure. Then do something relaxing before the trip actually begins.
- Review all travel plans carefully so that you can anticipate each event rather than be surprised as things unfold.

5 Things During the Flight

- Wear loose, comfortable clothing.
- Walk around occasionally to stretch muscles and reduce swelling in the feet. Perform leg and ankle exercises.
- Eat sparingly.
- Drink lots of water and fruit juices.
- Sleep. Airline activities are calculated to prevent rest. Rest anyway.

5 Things After the Flight

- Set your watch to the new time and don't calculate what time it is back home.
- Let the program leaders worry about getting through customs, etc.
- Lie down briefly in your first hotel room.
- Go to bed at a good time and get up early the next morning.
- Continue the Vitamin C for a few days.