# Idaho Comprehensive Literacy Standards <br> Concepts and Competencies Guide (3 $3^{\text {rd }}$ edition) 

## Standard I <br> Foundational Literacy Concepts



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## Introduction

This document outlines concepts and competencies for the Idaho Comprehensive Literacy Coursework, Standard I. It is intended as a guide for both literacy instructors and preservice teachers.

The first section states the language of Standard I. This is part of the Idaho Standards for Initial Certification of Professional School Personnel approved during the 2022 Idaho Legislative session, to which teacher preparation programs were to be aligned by July 1, 2022.

The second section is divided into specific Standard I-based content and concepts, off of which the assessment is based.

The third section lists key terms and definitions.

Instructors are encouraged to use the content and concepts list, and the key terms and definitions list, when planning their courses. Students are encouraged to use the content and concepts list and the key terms and definitions list as a study guide for the assessment.

## Section I

## Standard I - Foundational Literacy Concepts

(Applies to the following endorsements: All Subjects K-8; Blended Early Childhood Education/Early Childhood Special Education Birth through Grade 3 and Pre-K through Grade 6; Deaf/Hard of Hearing K-12; Early Childhood Special Education Pre-K-3; Exceptional Child Generalist K-8, 6-12, and K-12; and Visual Impairment K-12.)

The teacher candidate demonstrates knowledge of the following foundational concepts of literacy instruction and their typical developmental progression, oral language, emergent literacy, concepts of print, phonological awareness, alphabetic principle, phonics skills, automatic word recognition, orthographic knowledge, fluency, linguistic development, and English language acquisition. The candidate teaches these concepts using evidence-based practices including systematic, explicit, and multisensory instruction. The teacher candidate understands learners with reading difficulties require code-based explicit, systematic, sequential, and diagnostic instruction with many repetitions.

## Section 2

## General Content Outline

- Structure of the English language
- Phonemes
- Consonant and vowel classifications
- Sound/spellings
- Syllables
- Onset-rimes
- Morphemes
- Early Literacy Instruction
- Oral language
- Phonological awareness
- Word
- Syllable
- Onset-rime
- Phoneme
- Blending
- Segmenting
- Manipulation
$\diamond$ Words
$\diamond$ Syllables
$\diamond$ Onsets and rimes
- Written language
- Concepts about print
- Print awareness
- Letter Knowledge
- Decoding and Word Recognition
- Phonics
- Approaches
- Synthetic Phonics [research-preferred]
- Analogy Phonics
- Analytic Phonics
- Embedded Phonics [not supported by research as effective instructional practice]
- Systematic and Explicit Instruction
- Word Reading
- Irregular words
- High frequency words
- Sight words
- Multisyllabic Word Reading
- Common syllable types
- Division principles
- Affixes
- Fluency
- Components
- Accuracy
- Automaticity
- Rate
- Prosody
- Fluency Influences
- Foundational skills
- Phonics
- Phonemic awareness
- Letter knowledge
- Connection to comprehension
- Effective instructional approaches
- Reading Comprehension
- Influences
- Foundational skills
- Fluency


## Section 3

## Terminology

| Term | Definition |
| :--- | :--- |
| accuracy | This is the ability to recognize or decode words correctly (Honig et al., 2013). |
| affix | Most commonly a suffix or prefix attached to a base word, stem, or root <br> (Bear et al., 2016). |
| aliteracy | Students who can read fairly well but choose not to (Honig et al., 2013). |
| alliteration | The occurrence in a phrase or line of speech of two or more words having <br> the same beginning sound. Example: big burly bears bashed berry baskets <br> (Bear et al., 2016). |
| alphabetic | 1. The principle that letters are used to represent individual phonemes in the <br> spoken word (Moats, 2005). <br> 2. Representing the sounds of speech with a set of distinct symbols (letters), <br> each denoting a single sound (Bear et al., 2016). |
| analogy |  |
| phonics | In this approach, students learn how to use a phonogram, or rime, in a <br> familiar word to identify an unfamiliar word having the same rime (Honig et <br> al., 2013). <br> *Formerly described as Decoding by Analogy. To be used in conjunction with <br> synthetic phonics. |
| analytic | Word study that divides words into their elemental parts through phonemic, <br> orthographic, and morphological analysis (Bear et al., 2016). <br> *To be used in conjunction with synthetic phonics. |
| phonics | Refers to the speed and accuracy of word recognition and spelling. <br> Automaticity is the goal of word study instruction and frees cognitive <br> resources for comprehension (Bear et al., 2016). |
| automaticity |  |


| Term | Definition |
| :---: | :---: |
| blends | A phonics term for an orthographic unit of two or three letters at the beginning or end of words that are blended together. There are l-blends such as $b l, c l$, and $f l$; $r$-blends such as $g r$, $t r$, and $p r$; $s$-blends such as $p c$, $s c r$, and squ; and final blends such as $f t$, $r d$, and $s t$. Every sound represented in a blend is pronounced, if only briefly (Bear et al., 2016). |
| bound morpheme | Meaning units of the language (morphemes) that cannot stand alone as a word. Respected has three bound morphemes: re+spect+ed (Bear et al., 2016). <br> *See also free morpheme. |
| choral reading | Oral reading done in unison with another person or persons (Bear et al., 2016). |
| closed sort | Word or picture sort based on predetermined categories (Bear et al., 2016). *See also open sort. |
| closed syllable | 1. A syllable that ends with or is "closed" by a consonant sound (Bear et al., 2016). <br> 2. A syllable ending in one or more consonants and having a short-vowel sound spelled with one vowel letter. VC, CVC, CCVC, CVCC (Honig et al., 2013). |
| cognates | Words in different languages derived from the same root (Bear et al., 2016). |
| compound word | Words made up of two or more smaller words. A compound word may or may not be hyphenated, depending on its part of speech (Bear et al., 2016). |
| Concepts About Print (CAP) | Understandings about how books are organized (front-to-back page turning, titles, illustrations), how print is oriented on the page (top to bottom, left to right), and features of print such as punctuation and capitalizations (Bear et al., 2016). |
| consonant | Letters that are not vowels ( $\mathrm{a}, \mathrm{e}, \mathrm{i}, \mathrm{o}, \mathrm{u}$ ). Whereas vowel sounds are thought of as musical, consonant sounds are known for their noise and the way in which air is constricted as it is stopped and released or forced through the vocal tract, mouth, teeth, and lips (Bear et al., 2016). |
| consonant blend | 1. Two or more consonants in which you can hear both sounds blended. The word blend begins and ends with a consonant blend (Cunningham, 2017). <br> 2. Every sound represented in a blend is pronounced, if only briefly (Bear et al., 2016). |


| Term | Definition |
| :---: | :---: |
| consonant digraph | Two consonant letters with a single sound different from that of either of the letters: sh, ch, wh, th, ph (Digraph ends with the digraph ph) <br> (Cunningham, 2017). <br> *See also digraph. <br> *Pronounced di-graph, not di-a-graph. |
| consonant -le <br> (syllable <br> pattern) | A final, separate syllable containing a consonant followed by the letters -le, pronounced /al/(Honig et al., 2013). |
| decoding | Ability to translate a word from print to speech, usually by employing knowledge of sound-symbol correspondences; also the act of deciphering a new word by sounding it out (Moats, 2005). |
| derivational affix | Affixes added to base words that affect the meaning (e.g., sign, resign; break, breakable) and/or the part of speech (Bear et al., 2016). |
| developmental spelling (aka invented spelling) | Spelling that reflects the current word knowledge of students who "spell" as best they can based on what they know about the graphophonic structure of language (Bear et al., 2016). |
| dialogic reading | An approach to reading aloud that is designed to stimulate oral reading and dialogue while enhancing students' ability to retell stories (Bear et al., 2016). |
| digraph | Two letters that represent one sound. There are consonant digraphs and vowel digraphs, though the term most commonly refers to consonant digraphs. Common consonant digraphs include sh, ch, th, wh, and ph. Consonant digraphs at the beginning of words are onsets (Bear et al., 2016). Common vowel digraphs include oa, aw, and oo. <br> *See also consonant digraph and vowel digraph. <br> *Pronounced di-graph, not di-a-graph. |
| Diphthong <br> *Pronounced dif-thong, not dip-thong | A complex speech sound combining two vowel sounds into one vowel sound. The mouth moves while pronouncing the dual-vowel sound (Bear et al., 2016). Common diphthongs are oi, oy, ou, and ow (as in brown). <br> *See vowel diphthong. |
| echo reading | Oral reading in which the student echoes or imitates the reading of the teacher or partner. The purpose of echo reading is to offer support for beginning readers and to model fluency (Bear et al., 2016). |


| Term | Definition |
| :---: | :---: |
| Elkonin Boxes / sound boxes | A card with a picture and boxes that represent the number of phonemes in the picture name (Honig et al., 2013). |
| emergent <br> literacy | A period of literacy development ranging from birth to beginning reading (Bear et al., 2016). |
| encode | To write or spell a word (Cunningham, 2017). Ability to translate a word from speech to print. |
| explicit instruction | Concepts are clearly explained and skills are [directly] modeled, without vagueness or ambiguity (Honig et al., 2013). |
| environmental print | Print in the environment all around us, like advertising and street signs. |
| etymology | The study of the origin and historical development of words (Bear et al., 2016). |
| final sound | The last sound in a word. *See phoneme. |
| fluency | Fluency is defined as the ability to read with appropriate speed, accuracy, and prosody/proper expression. In order to understand what they read, children must be able to read fluently whether they are reading aloud or silently. When reading, fluent readers read in phrases and add intonation appropriately. Their reading is smooth and has expression (Reading Rockets, 2017). <br> *See also accuracy, prosody, and rate. |
| free morpheme | Meaning units of language (morphemes) that stand alone as words. Workshop has two free morphemes: work and shop (Bear et al., 2016). *See also bound morpheme. |
| frustration level | 1. Dysfunctional level of instruction where there is a mismatch between instruction and what an individual is able to grasp. This mismatch precludes learning and often results in frustration (Bear et al., 2016). <br> 2. The reading is difficult for the reader (Honig et al., 2013). |
| grapheme | A letter or letter combination that spells a phoneme; can be one, two, three, or four letters in English (e.g. e, ei, igh, eigh) (Moats, 2015). |
| guided reading | An explicit instructional approach that involves working with small groups of students who all read at similar levels, using instructional-level text and teaching strategies and skills. |


| Term | Definition |
| :--- | :--- |
| high-frequency <br> words | Words that make up roughly 50\% of any text; those words that occur most <br> often (e.g. the, was, were, is) (Bear et al., 2016). |
| illiteracy | Totally unable to read a simple sentence in any language (Honig et al., 2013). |
| independent <br> level | 1. That level of academic engagement in which an individual works <br> independently, without need of instructional support. Independent-level <br> behaviors demonstrate a high degree of accuracy, speed, ease, and fluency <br> (Bear et al., 2016). <br> 2. Relatively easy for the reader (Honig et al., 2013). |
| instructional |  |
| level | 1. A level of academic engagement in which instruction is comfortably <br> matched to what an individual is able to grasp. <br> *See Zone of Proximal Development (Bear et al., 2016). <br> 2. Challenging but manageable for the reader (Honig et al., 2013). |
| initial sound | The first sound in a word. <br> *See phoneme |
| inflected/ <br> inflectional <br> endings | Suffixes that change the verb tense (walks, walked, walking) or number <br> (dogs, boxes) of a word (Bear et al., 2016). |
| implicit <br> instruction | Teaching without directly explaining what is to be taught. <br> *Contrast with explicit instruction. |
| irregular word | A word that does not follow common phonic patterns; one that is not a <br> member of a word family, such as were, was, laugh, been (Moats, 2005). |
| literacy | The ability to read, write, speak, and listen, to communicate and receive <br> ideas. |
| morpheme | Every vowel (a, e, i, o, and u) has two sounds, commonly referred to as <br> "long" and "short". The long-vowel sound "says its letter name" and <br> frequently are paired with other vowels, as in bake, break, and bay (Bear et <br> al., 2016). When symbolizing phonetically, long vowels are marked with a <br> macron (e.g. /ā/, /ē/, /T/, /ō/, /ū/). |
| *heaningful unit of language. (Moats, 2005) |  |


| Term | Definition |
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| morphemic <br> analysis | The process of analyzing or breaking down a word in terms of its meaning <br> units or morphemes (e.g., in-struct-or) (Bear et al., 2016). <br> *Also referred to as structural analysis. |
| morphology | The study of word parts related to syntax and meaning (Bear et al., 2016). |
| murmur <br> diphthong | *See R-Controlled Vowels |$|$| 1. All the beginning letters up to the vowel: spend; know; string; band. |
| :--- |
| (Cunningham, 2017) |
| 2. The initial consonant(s) sound of a single-syllable word. The onset of the |
| word sun is /s/. The onset of the word slide is /sl/. See rimes (Bear et al., |
| 2016). |
| *Not all syllables have an onset (e.g. ice). |


| Term | Definition |
| :--- | :--- |
| phonics | The systematic relationship between letters and sounds in a written <br> alphabetic system (Bear et al., 2016). |
| phonetically <br> regular words | Phonetically regular words adhere to a regular written letter/sound <br> correspondence structure and can be decoded by "sounding out" (Honig et <br> al., 2013). |
| phonetically <br> irregular words | 1. Phonetically irregular words do not adhere to a regular written <br> letter/sound correspondence structure and cannot be easily decoded by <br> "sounding out" (Honig et al., 2013). <br> Permanently irregular words: One or more sound/spellings in the <br> word are unique to that word or a few words and therefore are never <br> introduced/taught as a phonetic pattern (Honig et al., 2013.) <br> Temporarily irregular words: One or more sound/spellings in the <br> word have not yet been introduced/taught to the student, but the <br> word will become "regular" to the student after learning the more <br> advanced rule[s] (Honig et al., 2013). |
| phonograms | Often called word families, phonograms end in high frequency rimes that <br> vary only in the beginning consonant sound to make a word (Bear et al., <br> 2016). (e.g. back, sack, black) |
| pragmatics | 1. The awareness that spoken language is composed of separate words that <br> make up sentences and that words are made up of syllables (Cunningham, <br> 2017). <br> 2. Includes various speech sounds such as syllables, rhyme, and individual <br> phonemes (Bear et al., 2016). <br> 3. A more encompassing term than phonemic awareness, as it includes <br> manipulations of words, syllables, onsets, and rimes (Moats, 2005). |
| prefix <br> phe system of rules and conventions for using language and related gestures <br> in a social context (Moats, 2005). |  |
| print <br> awareness |  |
| An affix attached at the beginning of a base word or word root that changes <br> the meaning of the word (Bear et al., 2016). |  |
| *See Concepts About Print |  |


| Term | Definition |
| :--- | :--- |
| prosody | 1. The musical qualities of language, including intonation, expression, stress, <br> and rhythm that contribute to fluency. (Bear et al., 2016) <br> 2. The features that convey information beyond that provided by the actual <br> words themselves: pitch (intonation, inflection), stress patterns, and <br> phrasing (chunking groups of words into phrases of meaningful units) (Honig <br> et al., 2013). |
| rate | This is the speed or ability to read words automatically, which frees cognitive <br> resources for comprehension (Honig et al., 2013). |
| r-controlled | 1. A vowel followed by an $r$, in which the $r$ impacts the sound/pronunciation <br> of the vowel. <br> 2. In English, $r$ affects the way the preceding vowel is pronounced. For <br> example, compare the pronunciation of the vowels in bar and bad. The <br> vowel in bar is influenced by the $r$ (Bear et al., 2016). <br> 3. When identifying phonemes, the r-controlled vowel + r equals one sound. <br> (e.g. "ar" is one phoneme pronounced /ar/ in the word bar and /or/ in the <br> word war; "or" is one phoneme pronounced /or/ in the word forge and /er/ <br> in the word word). <br> 4. When syllabicating words, the "r" is not separated from the vowel. *See <br> also "R-controlled syllable." |
| r-controlled | A syllable containing a letter combination made up of a vowel followed by <br> the letter r, such as ar, er, ir, or, and ur. The vowel-r combination is one <br> welded sound that cannot be segmented (Honig et al., 2013). <br> *See also R-controlled vowels. |
| syllable | A unit composed of the vowel and any following consonants within a syllable. <br> For example, the rime unit in the word tag is ag; the rime unit in the word ice <br> is ice. <br> *See also onset. <br> *See also phonogram (Bear et al., 2016). |
| root word | Word of word parts, often of Latin or Greek origin, that are often combined <br> with other roots to form words such as telephone (tele and phone) (Bear et <br> al., 2016). <br> *See also base word. <br> *See also stem. |


| Term | Definition |
| :--- | :--- |
| schwa <br> /ə/ | 1. A vowel sound in English that often occurs in an unstressed syllable, such <br> as the /uh/ sound in the first syllable of the word above (Bear et al., 2016). <br> 2. Any vowel can make the schwa sound in an unstressed syllable (e.g. the <br> "a" in "amazing," the "e" in "the", the "i" in "pencil," the "o" in "occur"). <br> 3. Schwa is phonetically symbolized with an upside down "e" -- /ə/. |
|  | 1. An activity in which the teacher pre-reads a text and then invites students <br> join in on subsequent readings (Bear et al., 2016). <br> 2. An interactive reading experience that occurs when students join in or <br> share the reading of a book or other text while guided and supported by a <br> teacher. The teacher explicitly models the skills of proficient readers, <br> including reading with fluency and expression. The shared reading model <br> often uses oversized books (referred to as big books) with enlarged print <br> and illustrations (Reading Rockets, n.d.). <br> *See also Balanced Literacy Approach. |
| shared reading |  |$|$| Every vowel (a, e, i, o, and u) has two sounds, commonly referred to as |
| :--- |
| "long" and "short". The vocal cords are more relaxed when producing the |
| short-vowel sound than the long-vowel sound. Because of this, short-vowel |
| sounds are often referred to as lax. The five short vowels can be heard in |
| the middle of these words: mat, bed, pig, top, nut. Compare to long vowels |
| (Bear et al., 2016). When symbolizing phonetically, short vowels are marked |
| with a breve (e.g. /ă/, /ĕ/, /I/, /ŏ/, /ŭ/). |


| Term | Definition |
| :---: | :---: |
| syllables | A word or part of a word pronounced as a unit (Honig et al., 2013) Units of spoken language that consist of a vowel that may be preceded and/or followed by several consonants. Syllables are units of sound and can often be detected by paying attention to movements of the mouth (Bear et al., 2016). |
| syllable <br> patterns <br> (six common <br> types) | - closed <br> - VCe (long vowel-consonant-final e) <br> - open <br> - vowel team / vowel combination <br> - r-controlled <br> - consonant +le (final stable syllable) <br> (Honig et al., 2013) |
| synthetic phonics | 1. Phonics instruction that begins with individual sounds and the blending of sounds to form words (Bear et al., 2016). <br> 2. A systematic and explicit approach to phonics instruction in which students learn how to transform letters and letter combinations into sounds and then blend (synthesize) the sounds together to form recognizable words (Honig et al., 2013). |
| systematic <br> phonics instruction | Teaching a set of sound/spelling relationships in a clearly defined and purposefully selected logical instructional sequence (Honig et al., 2013). |
| unaccented/ <br> unstressed <br> syllable | The syllable in a word that gets little emphasis and may have an indistinct vowel sound, such as the first syllable in about, the second syllable in definition, or the final syllables in doctor or table (Bear et al., 2016). *See also schwa. |
| unvoiced (or voiceless) | A sound that, when produced, does not cause the vocal cords to vibrate. For example, the $t$ in at is unvoiced. Unvoiced/voiced consonant contrasts include these pairs: [/p/ /b/], [/t//d/], [/k/ /g/], [/ch/ /g/], [/f/ /v/], [/s/ /z/]. In most languages, vowels are voiced (Bear et al., 2016). |
| voiced | A sound that, when produced, vibrates the vocal cords. The letter sound of $d$ in add, for example, vibrates the vocal cords. Compare to unvoiced (Bear et <br> al., 2016). |
| vowel combination (syllable pattern) | A syllable with a short-vowel, long-vowel, or diphthong sound spelled with a vowel combination, such ai, ea, ee, oi, or oo. Example patterns include CVVC, CCVVC, CVVCC (Honig et al., 2013). |


| Term | Definition |
| :--- | :--- |
| vowel- <br> consonant e <br> (syllable <br> pattern) | A syllable with a long-vowel sound spelled with one vowel letter followed by <br> one consonant and a silent e. Example patterns include VCe, CVCe, CCVCe <br> (Honig et al., 2013). |
| word sorts | A basic word study routine in which students group words into categories. <br> Word sorting involves comparing and contrasting within and across <br> categories. Word sorts are often cued by key words placed at the end of <br> each category (Bear et al., 2016). <br> *See also closed sort and open sort. |
| vowel | A speech sound produced by the easy passage of air through a relatively <br> open vocal tract. Vowels form the most central sound of a syllable. In <br> English, vowel sounds are represented by the following letters: a, e, i, o, u <br> and sometimes y and w (i.e. ow and aw). (Bear et al., 2016). |
| vowel digraph | A phonics term for pairs of vowels that represent a single vowel sound (such <br> as ai in rain, oa in boat, ue in blue) (Bear et al., 2016). <br> *See digraph. <br> *Pronounced di-graph, not di-a-graph. |
| vowel | 1. A complex speech sound beginning with one vowel sound and moving to <br> another within the same syllable. The oy in boy is a diphthong, as is the ou in <br> cloud (Bear et al., 2016). <br> 2. Two vowel letters that produce a "gliding" sound. Oi, oy, ou, ow (except <br> the ou in soul and ow in tow are not diphthongs because each has a single <br> sound) (Cunningham, 2017). <br> *See diphthong. <br> *Pronounced dif-thong, not dip-thong |
| vowel teams | See vowel digraphs and vowel diphthongs. |
| wiphthong | A unit of meaning. A word may be a single syllable or a combination of <br> syllables. A word may contain smaller units of meaning within it (Bear et al., <br> 2016). |
| Phonograms or words that share the same rime (e.g. fast, past, last, and <br> blast all share the ast rime) (Bear et al., 2016). |  |
| vord |  |

