

BIENNIAL REPORT
BIENNIAL REPORT
OF
INSTITUTIONAL COMPLIANCE
WITH THE
DRUG-FREE SCHOOLS AND CAMPUSES ACT

Period of Review: January 2019 - December 2020

BRIGHAM YOUNG UNIVERSITY-IDAHO

February 2021

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**BRIGHAM YOUNG UNIVERSITY-IDAHO
BIENNIAL REPORT OF
INSTITUTIONAL COMPLIANCE WITH THE
DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS
Period of Review: January 2019- December 2020**

COMMITTEE MEMBERS

Wynn Hill, Chair and Dean of Students
Reed Stoddard, Director of Counseling Center
Stephen Bunnell, Director of Public Safety
Kevin Price, Director of Human Resources
Shaun Orr, Director of Student Health Center
Kristie Lords, Managing Director of Well-Being
Emma Errgang, BYU-Idaho Student
Justin Garner, Sports & Fitness Activities Director
Troy Dougherty, Director of Housing
Layne Kinghorn, Director of Student Living; Associate Dean of Students
Ken Jackson, Director of Financial Aid & Scholarships
Alisa Fye, Risk Management, Safety and Compliance Director
Joshua Figueira, General Counsel

GENERAL STATEMENT

Brigham Young University-Idaho affiliates with The Church of Jesus Christ of Latter-day Saints and deeply commits to high standards of moral conduct and personal living as reflected by its mission statement. This personal commitment, rooted in the Board of Trustees Policy requires that all students, faculty, staff, and administrators sign a commitment to the honor code prior to their admission or employment and must update their commitment on an annual basis to maintain their eligibility to continue at the institution in their employment or student status. This commitment to the Church Education System Honor Code includes the pledge to “abstain from alcoholic beverages, tobacco, tea, coffee and substance abuse.” Each campus community member is expected to abide by their commitment “...at all times and in all things, and in all places...” to work together and lift one another (*The Book of Mormon: Mosiah 18:9*). They are also expected to encourage obedience and compliance within the provisions of their commitment.

BYU-IDAHO DRUG POLICY

It is the policy¹ of the university that as a condition of employment or enrollment, all university personnel, and students (whether on or off campus) completely abstain from the possession, use, or distribution of alcohol and illegal drugs or controlled substances without specific medical authorization.

¹ Annual Campus Security Report and Drug Policy Brigham Young University-Idaho, 2020, page 10.

Police and university sanctions prosecute violators of alcohol and drug laws. Violator consequences may include discharge of employees or suspension of students. When individuals self-report their problem and seek professional or ecclesiastical help, the university reviews them case-by-case.

The administration recognizes the difference between intentional misuses of illicit and prescription drugs and the unintentional misuse of prescription drugs prescribed for medical reasons. The university encourages individuals involved in the unintentional misuse of prescription drugs to seek assistance from the Counseling Center, private counseling, therapy, or rehabilitation through a licensed, approved program. Individuals may receive more information about and enter the university program through the Student Health and Counseling Center or by calling 208-496-9370. Prosecution rarely results in these cases.

Criminal law prescribes penalties for minors possessing or using alcohol and further defines substantial penalties for adults disposing of or providing alcohol for minors. The law often treats drug offenses as a criminal matter punishable by substantial fines, imprisonment or other severe sanctions. The Student Honor Office may make their own investigation of any student who is reported or violates this policy and take appropriate disciplinary action, including separation from the university, regardless of any criminal court action. The Human Resources Office may make their own investigation of any employee reported or found in violation of this policy and take appropriate disciplinary action, including termination from employment, regardless of any criminal court action. Students may contact the Counseling Center and request assistance with their alcohol or substance problem. This contact allows them to receive help under the auspices of that office. The campus email system provides a link where this report, containing a description of the applicable legal penalties under local, state or federal law for the unlawful possession or distribution of illegal drugs and alcohol, may be found. Additionally, paper copies are available for individuals upon request.

The health risks associated with the inappropriate use of drugs include (but are not limited to): physical and psychological addiction; physical, psychological, and spiritual deterioration; disease; and death.

By providing this explanation of board policy, the university hopes to eliminate all forms of substance abuse, aid those currently involved to stop and get appropriate help and assist in stopping the spread of this behavior at our institution and in society.

EVALUATION OF CURRENT PROGRAMS

Church Affiliation

The unique affiliation of BYU-Idaho with The Church of Jesus Christ of Latter-day Saints provides each student with ecclesiastical leaders who oversee approximately 120-200 students within a student ward (church unit), either single or married. These 165 bishoprics (three-man presidencies) are members of the local communities who donate their time by assignment to assist and work with these students. These ecclesiastical leaders are well grounded in Church protocol and Church and university policy. They work one-on-one with students and

help refer those who need assistance in resolving alcohol or drug related problems to university resources. These leaders may also make use of available community resources. Ecclesiastical leaders choose whether to report disclosures made to them by students about substance or alcohol use/abuse to university officials because of the priest/parishioner confidential relationship between the bishop and the students. Each ecclesiastical unit (stake) is assigned an advisor from the Counseling Center to assist in providing consultation and direction for ecclesiastical leaders with members suffering from alcohol or drug related issues.

Athletics/Activities

On June 21, 2000, the Chairman of the Board of Trustees of Ricks College, Gordon B. Hinckley, announced that Ricks College would become a four-year institution and that the name would be changed to BYU-Idaho. At the same time, President Hinckley announced that all athletic programs would be phased out and that intercollegiate athletics would be eliminated on the completion of all current conference contracts. By the start of fall semester 2002, all intercollegiate athletic competition had ended.

Since the discontinuation of intercollegiate competition, an activities program has been enhanced and expanded to include areas such as outdoor activities, fitness activities, social activities, sports activities, and service activities. A newly created Activities and Involvement Center helps students find and engage in student participation opportunities. Students program each area with the assistance of full-time advisors. This program also manages the Ropes Course.

Peer-to-peer teaching and leadership opportunities build relationships between students, fostering a strong culture that encourages and strengthens commitment to university honor code standards. This culture creates a strong preventative position regarding drug and alcohol use. Also, advisors know the proper resources available and actions necessary if they encounter students at risk in various ways, including those in violation of university standards regarding drug and alcohol use.

University Public Safety

The University Public Safety Department consists of university employees. University Public Safety reports to Technology Oversight and Personnel. Public Safety has experienced officers that are well-trained and worked many years in law enforcement. They also have a 24/7 dispatch center and part-time student employees. The university contributes resources to the City of Rexburg police department to provide for police officers that can patrol and respond in a timely manner to incidents on campus. Public Safety and Rexburg police work closely on substance abuse cases.

Counseling Center

One of the Counseling Center's goals is to help students maintain balance in their lives by identifying and resolving emotional problems that interfere with spiritual, intellectual, social, or physical well-being.

The counseling staff is professionally qualified in dealing with the treatment of alcohol and other drug problems or addictions. Students generally seek counseling on their own, but in some instances, are referred to the Counseling Center by a member of the university community or a peer. They may also seek assistance for a roommate or friend. Student service professionals such as Housing & Student Living administrators, members of the Student Honor Office staff, health care professionals, other university staff, faculty, and administrative employees refer students to the Counseling Center for assistance with these types of problems.

DRUG AND ALCOHOL CASES	2011-2012	2013-2014	2015-2016	2017-2018	2019-2020
Referrals or request for alcohol-use counseling	10	11	22	14	11
Referrals or request for drug-use counseling	7	7	15	13	13
Referrals to outside treatment programs	0	0	0	0	0
TOTALS	17	18	37	27	24

Student Honor Office

The Student Honor Office disciplines students who violate their commitment to the honor code. The office investigates reports of alcohol and substance use to determine if disciplinary action is appropriate.

The data shown below was collected by the Student Honor Office represents only the violations that fit Clery guidelines.

DISCIPLINARY ACTION	2017	2018	2019	2020
Alcohol	26	75	36	26
Other Substance	17	36	24	10
TOTALS	43	111	60	36

Financial Aid

In general, a student convicted under federal or state law involving the possession or sale of a controlled substance when enrolled as a federal student aid recipient *will not* be eligible to receive any grant, loan, or work during the period beginning on the conviction date and ending after the interval specified below:

Student Ineligibility for Grants, Loans, or Work Assistance

For <i>possession</i> of a controlled substance, ineligibility period is:		For <i>sale</i> of a controlled substance, ineligibility period is:	
1 st conviction	1 year	1 st conviction	2 years
2 nd conviction	2 years	2 nd conviction	Indefinite
3 rd conviction	Indefinite		

Health Center

The Health Center provides full services designed to assist students with day-to-day health care needs and watch for signs of substance abuse. The Health Center is staffed by a part-time physician, nurse practitioners, physician assistants, registered nurses, lab personnel, an X-ray technologist, and a full-time registered pharmacist. The Health Center staff monitors patients and the prescriptions issued whenever possible. Prescriptions are recorded electronically to ensure security. Prescription pads are kept on the doctor’s person to prevent them from being stolen and forged. The pharmacy is secured in an enclosed area with an alarm system. The walls and ceiling are designed and reinforced to prevent intrusion.

Housing & Student Living Office

The Housing & Student Living Office provides property listings, coordinates mediation services to address student and landlord disputes, and trains landlords, managers, and student leaders. This training emphasizes students creating an environment where they take responsibility for themselves, roommates, and the culture of their respective apartment.

Approved housing owners enter into a formal Agreement with BYU-Idaho to provide housing to its single students. This Agreement requires the owner and his/her agents to ensure that specific guidelines are met to preserve student safety and well-being. Additionally, the Agreement requires owners and management to support the tenets of the BYU-Idaho Honor Code. Students living in approved housing must abstain from tobacco, alcohol, and substance abuse as outlined in the Honor Code. Students violating these standards may be referred to the Student Honor Office. On-site managers are also required to live the Honor Code.

Managers suspecting drug use may contact the local police. Incidents involving underage alcohol use are also referred to the police. Violations involving drug and alcohol abuse that occur at an approved housing complex are also referred to the Student Honor Office by housing management.

Human Resources Office

The Human Resources Office assists faculty in keeping their commitment to the honor code. The Board of Trustees established an ecclesiastical endorsement program requiring an annual employee endorsement. The endorsement ensures the employee's conduct matches the values and standards espoused by The Church of Jesus Christ of Latter-day Saints. This endorsement includes a personal commitment to always refrain from alcohol and drug use.

BYU-Idaho began a Commercial Vehicle Drivers Drug and Alcohol Testing program in November 1997 in compliance with the regulations implementing the Omnibus Transportation Employee Testing Act of 1991. BYU-Idaho has a contract with *Minert & Associates Inc.* from Meridian, Idaho, an independent company who coordinates the alcohol and drug testing according to federal regulations. As of this report, all tests have come back negative.

The Human Resources Office provides access to the Campus Security Report and Biennial Drug and Alcohol Report on its website. A statement there explains how to access this information. All newly hired employees receive orientation materials that refer to this policy and tell them how to access the information. Annually, the Student Honor Office and the Human Resources Office provide each employee, both full and part-time, either by email, regular mail, or campus mail, the university annual report entitled "Campus Security Report, Drug Policy." The pamphlet reiterates the Church, Board of Trustees, and university policy regarding alcohol and drug use and the resources available for help.

Drug and Alcohol Survey

To help with the evaluation process and to finish a goal from the previous Biennial Review, students completed a Drug and Alcohol Survey February of 2020. The survey resembled one done winter semester 2019 and included only campus students. 330 students responded to the survey: a rounded amount of 30% male and 70% female. An even mix of classes responded. The rounded numbers: 22% freshman, 22% sophomore, 29% junior, and 27% senior. Also, 29% of the students that responded are married, and the majority of those that responded were between the ages of 20 and 24 (64%). These ages reflect the general on-campus student body.

Most students self-reported that they know the university's rules and regulations regarding drugs (92%), and virtually all students know the associated health risks (96%). On the other hand, most students know little about drug counseling programs available on campus (45%), likely due to non-use.

Most students expressed a willingness to help friends with a problem (91%). Students admitted to little use (6.7% alcohol, 4.3% marijuana, and 3.4% prescription drugs) of illicit drugs or alcohol over the past year. Students report a far greater abuse of drugs and alcohol by others than they do for themselves. The truth is probably somewhere in between. Based on these reports, students observed alcohol, diet pills, and prescription drugs without a prescription most often used. Students reported knowing others using alcohol at 22.6%, vaping/e-cigarettes at 22.3%, marijuana at 15.6%, and prescription drugs at 8.6%.

Most students would use or refer their bishop (ecclesiastical leader) for intervention (79.1%) and then the Counseling Center (78.4%).

The most helpful items seen to promote awareness and prevention of drugs and alcohol by the students were ecclesiastical meetings (68%) and academic courses relating to health, including drug use and alcoholism (60%).

The winter 2019 semester survey results were similar.

GENERAL ASSESSMENT

The very nature of BYU-Idaho and its affiliation with The Church of Jesus Christ of Latter-day Saints sets the overall tone and attitude of students, faculty, staff, and administrators relative to alcohol and other substance use. Everyone adheres to a personal code of conduct and re-commits with their ecclesiastical leader on an annual basis to abstain from alcohol or illicit substances. In that sense, the alcohol and illicit substance prevention programs require little emphasis. Frequent reminders come through ecclesiastical lines and through institutional efforts such as orientation, devotional talks, and academic classes. These issues are directly addressed in sociology, biology, health, science, and religion classes.

We expect zero issues of alcohol or substance use considering Church mores, board policy, and the university community's personal commitment. However, ignoring the few reported incidents would be cavalier because of those very mores, policies, and commitments. We must be what we say we are to maintain our institutional integrity.

Illicit substance use or abuse among students rarely occurs, although each year many students involved in illicit substance use are separated from the university. Generally, those students report using marijuana. Alcohol use among students, although more common than substance use, is limited to occasional or experimental use by a small portion the student body. This percent is of reported cases involving alcohol use.

Those involved with the use of alcohol may be reported to the Student Honor Office and individually assessed. Reports of continued use may result in discipline after careful review by student honor administrators. Notably, the number of students the Counseling Center worked with for drug and alcohol issues increased this reporting period. There are two possible reasons for this increase: first, the growth of the school, and second, a program called Student Living that was established in 2009. This program teaches love, shared responsibility, and mutual respect. Students have embraced this and now help each other report issues to Student Honor Office or the Counseling Center.

RECOMMENDATIONS

The Biennial Drug-Free Schools and Campuses Committee makes recommendations for follow-up action by various groups or individuals at the university. Some items are ongoing and will not be removed, while some are short-term in nature and will be removed upon completion.

Recommendations from 2021-2022

RECOMMENDATION:

Honor code outreach efforts will include drug and alcohol prevention principles during honor campaigns.

RECOMMENDATION:

The Student Living department will make efforts to discuss drug and alcohol use within the context of Love, Shared Responsibility, and Mutual Respect.

RECOMMENDATION:

Maintain the Student Catalog to show any office name changes and corrected phone numbers with an emphasis on any critical areas.

RECOMMENDATION:

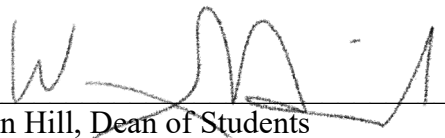
Conduct another drug and alcohol survey to be completed at the end of 2022 by institutional research.

CERTIFICATION OF REVIEW PROCESS

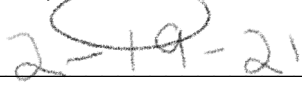
The Drug-Free Schools and Campuses Committee met on January 13th, 2020 to assess the strengths and weaknesses of the current university programs and to ensure compliance with the Drug-Free Schools and Communities Act and Amendment, 1989/Drug-Free Workplace Act, 1988. The review of policy documents noted the following:

1. The institution appears to be in overall compliance with the regulation. There is a drug and alcohol use policy in place directed towards the prevention of illicit drugs and the misuse of alcohol and drugs.
2. The university distributes its alcohol and drug policy and to all employees and students via email within two weeks of the start of each new semester or term.
3. The university has resources available for those seeking help with drug or alcohol problems. The primary sources of help are the Counseling Center, the Student Honor Office, ecclesiastical leaders, and academic programs. This united effort lends to a deep commitment in promoting a drug-free environment within the university community.
4. The biennial review of university drug prevention programs and policy is conducted after each biennial period. (This report covers January 2019 through December 2020). The review is designed to ensure current policy and program effectiveness and to recommend measures.
5. The review process is designed to ensure disciplinary actions match university policy to utilize sanctions. The Student Honor Office exemplifies these efforts.
6. University departments track the number of drug and alcohol related offences that occur on campus. In order to comply with FERPA, statistics are gathered without disclosing the names of those involved.
7. As in past years, President's Council should review this report and formally adopt it by adding the president's signature.

This report reflects an accurate review of the policies, programs, and review process in effect at BYU-Idaho for the review period January 2019 through December 2020.



Wynn Hill, Dean of Students



Date

Compliance Checklist

PART 86, Drug-Free Schools and Campuses Regulations Compliance Checklist²

1. Does the institution maintain a copy of its drug prevention program?
Yes No
If yes, where is it located?
Dean of Students Office, 290 Kimball Building

2. Does the institution annually provide *to each employee and each enrolled student* written materials that adequately describe and contain the following?
 - a) Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities.
Students: Yes No Staff and Faculty: Yes No

 - b) A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
Students: Yes No Staff and Faculty: Yes No

 - c) A description of the applicable legal sanctions under local, state, or federal law
Students: Yes No Staff and Faculty: Yes No

 - d) A description of applicable counseling, treatment or rehabilitation or re-entry programs
Students: Yes No Staff and Faculty: Yes No

 - e) A clear statement of the disciplinary sanctions the institution will impose on students and employee, and a description of those sanctions
Students: Yes No Staff and Faculty: Yes No

We expend much effort ensuring each student and employee has access to a copy of this report. The report is emailed to every on-campus matriculated student and employee annually. In addition, the report is posted on the BYU-Idaho web site at <https://www.byui.edu/public-safety/public-safety-information>. It is also always available on the Dean of Students website and can be referenced through a variety of searches and indices.

3. Are the above materials distributed to students in of the following ways?

² Note: The above Drug-Free Schools and Campuses Regulations Compliance Checklist was taken from *Complying with the Drug-Free Schools and Campuses Regulations [34CFR Part 86]*, a publication of the Higher Education Center for Alcohol and Other Drug Prevention, funded by the U.S. Department of Education.

- a) Mailed to each student (separately or included in another mailing)
Yes No
- b) Through campus post office boxes
Yes No
- c) Class schedules which are mailed to each student
Yes No
- d) During freshman orientation
Yes No
- e) During new student orientation
Yes No
- f) BYU-Idaho distributes the materials to all students via email annually. Email is the official communication strategy of the university. Students may request a copy of the current report via e-mail or in person by contacting the Dean of Students office.
4. Do the means of distribution provide adequate assurance that each student receives the materials annually?
Yes No
5. Are the above materials distributed to staff and faculty in one of the following ways?
- a) Mailed
Staff: Yes No Faculty: Yes No
- b) Through campus post office boxes
Staff: Yes No Faculty: Yes No
- c) During new employee orientation
Staff: Yes No Faculty: Yes No
- d) In another manner: Faculty and staff receive the material via e-mail. Those who receive it via e-mail may request a printed copy by contacting the Dean of Students office.
6. Does the means of distribution provide adequate assurance that each staff and faculty member receive the materials annually?
Staff: Yes No Faculty: Yes No

7. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Staff: Yes No Faculty: Yes No

8. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?

- a) Conduct student alcohol and drug use survey

Yes No

- b) Conduct opinion survey of its students, staff and faculty

Students: Yes No Staff and Faculty: Yes No

- c) Evaluate comments obtained from a suggestion box

Students: Yes No Staff and Faculty: Yes No

- d) Conduct focus groups

Students: Yes No Staff and Faculty: Yes No

- e) Conduct intercept interviews

Students: Yes No Staff and Faculty: Yes No

- f) Assess effectiveness of documented mandatory drug treatment referrals for students and employees

Students: Yes No Staff and Faculty: Yes No

- g) Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees

Students: Yes No Staff and Faculty: Yes No

- h) Other (*please list*): The Student Honor Office staff reviews each drug and alcohol case at all steps of the discipline process to ensure continuity of action and to provide a broad base of input in the decision-making process.

9. Who is responsible for conducting these biennial reviews? BYU-Idaho has established an on-going committee who is responsible for the biennial review. During the 2019-2020 review period, the committee assignments were as follows:

Wynn Hill, Chair and Dean of Students
Reed Stoddard, Director of Counseling Center
Stephen Bunnell, Director of Public Safety
Kevin Price, Director of Human Resources
Shaun Orr, Director of Student Health Center
Kristie Lords, Managing Director of Well-Being

Emma Errgang, BYU-Idaho Student
Justin Garner, Sports & Fitness Activities Director
Alisa Fye, Risk Management, Safety and Compliance Director
Troy Dougherty, Director of Housing
Layne Kinghorn, Director of Student Living, Associate Dean of Students
Ken Jackson, Director of Financial Aid & Scholarships
Joshua Figueira, General Counsel

10. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?

Yes No

11. Where is the biennial review documentation located?

Name: Wynn Hill
Title: Dean of Students
Department: Dean of Students, located at Kimball 290
Phone: (208) 496-9200 E-mail: hillw@byui.edu

12. Comments

The university does not support the use of any alcohol or drug use considering the personal commitment each student and employee make as a condition of their student status or employment. Significant energy is expended in quiet ways to reinforce the policies in place through new student orientation, devotionals, activities, group efforts, and ecclesiastical leaders.

Note: the above Drug-Free Schools and Campuses Regulations Compliance checklist was taken from *Complying with the Drug-Free Schools and Campuses Regulations* [34CFR Part 86], a publication of the Higher Education Center for Alcohol and Other Drug Prevention, funded by the U.S. Department of Education.