

Rexburg Community Resources

Updated January 2026

Entities listed below are not all-inclusive, nor are they an endorsement or recommendation. Individuals should work with their insurance company and/or family to find the best resource.

Counseling Services

Bagshaw Counseling (Offers Telehealth) 986-249-7260 343 E. 4 th N. #116 Rexburg ID	Centerpoint Counseling ^#\$ (Offers Telehealth) (208) 359-4840 393 E. 2 nd N. Rexburg, ID 83440	Cornerstone Counseling (Offers Telehealth) (208) 313-7464 859 S. Yellowstone Hwy Suite 304, Rexburg, ID 83440	Cress Creek Counseling #\$ (Offers Telehealth) (208) 243-9304 33 Madison Professional Park Rexburg, ID 83440
East Idaho Mental Health *\$^# (208)-359-2101 859 South Yellowstone Highway #3201. Rexburg ID 83440	Grand Peaks ^#\$ (Offers Telehealth) (208) 356-4900 72 S. 1 st E. Rexburg, ID 83440	Healing Springs Counseling * (Offers Telehealth) (208) 221-0468 534 Trejo Street Suite 200H Rexburg, ID 83440	Integrated Counseling and Wellness ** (Offers Telehealth) (208) 357-3104 101 E. Main St. #210 Rexburg, ID 83440
Jana Orullian * (208) 681-0647 1069 Summers Dr # B, Rexburg, ID 83440	*Misty Mountains Therapy (208) 499-4517 534 Trejo St. Suite #200F Rexburg, ID 83440	Michael D. Williams * (Offers Telehealth) (208) 360-2365 237 N. 2 nd E. Suite 208 Rexburg, ID 83440 *Open Saturdays*	Middleton Counseling #\$ (208) 965-4502 343 E. 4 th N. Suite 129 Rexburg, ID 83440
Mountain View Health Counseling Services **\$ (Offers Telehealth) (208) 881-5992 404 N. 2 nd E, Rexburg, ID 83440	North Fork Counseling Services \$ (Offers Telehealth) (208) 701-9616 2691 S 2000 W Rexburg, ID 83440	Ostermiller Counseling Services \$ (Offers Telehealth) (208) 359-9683 242 E. 7 th N. Suite #4 Rexburg, ID 83440	Orme Psychology *\$ (208) 240-1284 859 S. Yellowstone Hwy, Ste. 901 Rexburg, ID 83440
Pearl Health Clinic ^#\$ (Offers Telehealth) (208) 346-7500 264 E. Main St. Rexburg, ID 83440	Rexburg Counseling Eating Disorder Center (208) 649-8300 859 S. Yellowstone Hwy #2201	Rexburg Free Clinic (Open Wed and Thur 6-9pm) (208) 984-0426 60 W. Main St. Rexburg, ID 83440	Season's Mental Health (208) 359-6498 37 S 2 nd E. Rexburg, ID 83440
Tueller Counseling ^#\$ (Offers Telehealth) (208) 656-4017 420 W. 4 th S. Rexburg, ID 83440	Yellow Daisy Psychotherapy ** (Offers Telehealth) (208) 715-6709 343 E. 4 th N. Rexburg, ID 83440		
TELEHEALTH ONLY >	David Hoffmann, LCSW (Telehealth only) * 208-757-7355 Licensed in Idaho, Utah, and Colorado	Emily Ellis LCSW (Telehealth Only) * 702-496-1250 Licensed in Idaho and Nevada	Franson Mental Health **\$ (Telehealth Only) (208) 306-4690 Fransonmentalhealth.com

* Free 15 Minute Consultations \$ Accepts Medicaid

^ Medication Management # Master Interns (varied prices)

Pornography and Addiction Recovery

Centerpoint Counseling (208) 359-4840 393 E. 2 nd N. Brandon Buhler, LMFT Facing the Shadow (male only) Hope After Heartbreak (Spouses/Partners)	LDS Family Services (208) 356-6975 591 N. 2 nd E. Rexburg, ID 83440 LDS Addiction Recovery Program	Brickhouse Recovery (208) 522-6155 1020 Landbank Street, Idaho Falls
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Neurological Testing for Learning Disabilities

Psychology Center of Idaho Falls (208) 522-3404 101 S. Park Ave. Suite #215 Idaho Falls, ID	Innovative Health Care Concepts, Inc. (208) 523-1130 111 E. 16th Street - Idaho Falls, 83404
Orme Psychology (208) 240-1284 859 S. Yellowstone Hwy, Ste. 901 Rexburg, ID 83440	Ascend Mental Health (208) 419-3002 2001 S Woodruff Ave Ste 9, Idaho Falls, ID 83404
Pearl Health Clinic (208) 346-7500 502 S Woodruff Ave, Idaho Falls, ID 83401	Better Healing & Audiology (208) 359-2727 218 Dividend Dr. #2, Rexburg, ID 83440

Community Services (for people with no insurance and limited financial resources)

Behavioral Health Crisis Center (208) 522-0727 1650 N. Holmes Ave. Idaho Falls, ID 83401	Grand Peaks Medical (208) 356-4900 (Sliding scale fee) 72 S. 1 st E. – Rexburg	Rexburg Free Clinic (208) 984-0426 60 W Main St, Rexburg, ID 83440
Military Assistant Specialist (for spouses and families of actively serving military personnel) Bev McLanden (208) 608-8042	State of Idaho Health & Welfare (208) 528-5700 150 Shoup Ave #17, Idaho Falls, ID 83402	MTM (Medicaid Transportation) 1(877) 503-1261
Anywhere in Town Taxi (\$2 per mile) (208) 497-1988	Rollin Shuttle (208) 390-3830	Walmart Shuttle www.rexburgwalmartshuttle.com

Food Resources

Rexburg Mobile Food Pantry (3 rd Tuesday of Every Month) 4915 S Yellowstone Highway 191, Rexburg, ID 83440 RexburgMFP@gmail.com	Rexburg Family Crisis Center (Every Wednesday & Friday from 12 pm – 1 pm) (208) 356-0065 16 E Main St. Rexburg, ID 83440	Outreach Food Pantry – Food Distribution Center at Eastern Idaho Community Action Partnership (Wed. 10 am – 3 pm) (208) 356-8849 275 Stationary Place Rexburg, ID 83440
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Dieticians/Eating Disorders

Food Freedom Nutrition \$ (208) 538-9633 2235 E 25th St Suite 280, Idaho Falls, ID 83404	Rexburg Counseling Eating Disorder Center (208) 649-8300 859 S. Yellowstone Highway #2201 Rexburg, ID 83440
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