

## Idaho State University: Dietetics advising Sheet

**Website:** <https://www.isu.edu/dietetics/bachelors-degree/program-overview/>

Idaho State University (ISU) offers ACEND-accredited dietetics coursework, supervised practice and a master's degree. BYU-Idaho students can complete prerequisite coursework at BYU-Idaho and then transfer to ISU to finish the ACEND-required coursework, supervised practice, and graduate degree needed to become a Registered Dietitian Nutritionist (RDN)

### A. How to complete the required ACEND accredited courses, supervised practice and master's degree

#### **Step 1: Complete Prerequisite Coursework at BYU-Idaho (Approximately 2 Years)**

Students should complete the following prerequisite courses at BYU-Idaho. These courses align with ISU's requirements for admission into the Didactic Program in Dietetics (DPD)

<b>Idaho State University</b>	<b>BYUI Equivalent</b>
BIOL 2227/2227L-Human Anatomy and Physiology I/Lab	BIOL 264/264L- Human Anatomy & Physiology I and Lab
BIOL 2228/2228L- Human Anatomy and Physiology II/Lab	BIOL 265/265L- Human Anatomy & Physiology II and Lab
BIOL 2233/2233L-Principles of Microbiology/Lab	BIOL 221/222- General Microbiology and Lab
CHEM 1101-Introduction to Chemistry	CHEM 101/CHEM 101L (need lab for CHEM 250)
CHEM 1102/1103L-Essentials Organic Chemistry & Biochemistry/Lab	CHEM 250/250L-Intro Organic & Biochemistry and Lab
CPH 2210-Medical Terminology and Communication	HCA 280- Medical Terminology
MATH 1153 Statistical Reasoning	MATH 221 (221B recommended)- Statistics
NTD 1101 Introduction to Dietetics	NUTR 120- Introduction to Dietetics
NTD 2205/2205L Foods and Meal Management/Lab	FS 120- Introduction to Food Science
PSYC 1101 Introduction to Psychology	PSYC 111- Introduction to Psychology
COMM 1101 Fundamentals of Oral Communication	Comm 102
ECON 2201 Principles of Macroeconomics	ECON 150 or 151- Economic principles and problems
ENGL 1101 Writing and Rhetoric I	ENG 150- Writing and Reasoning Foundation
ENGL 1102 Writing and Rhetoric II	ENG 301- Advanced Writing and Research
ENGL 3307 Professional and Technical Writing	ENG 316-Technical Writing and Communication
SOC 1101 Introduction to Sociology	SOC 111-Introduction to Sociology

**Students should complete an associate's degree while fulfilling these prerequisites- Typically in allied health or general studies**

#### **Step 2: Apply to the ISU Didactic Program in Dietetics (DPD)**

During the final semester of prerequisite coursework at BYU-Idaho, students should apply to the ISU Didactic Program in Dietetics. Once accepted students will:

- Transfer to ISU

- Complete a bachelor’s degree in dietetics
- Fulfill all ACEND-accredited coursework requirements

### Maximizing Time At BYU-Idaho

For many students, it is financially advantageous to remain at BYU–Idaho as long as possible. ISU has worked closely with BYU–Idaho to allow students to complete up to three years at BYU–Idaho and then transfer to ISU for one final year to complete their bachelor’s degree in dietetics and ACEND requirements.

BYU–Idaho students may complete additional key courses before transferring:

### Additional key Courses That Can Be Completed at BYUI

Idaho State University Course	BYUI-Idaho Equivalent Course
ACCT 3303 Accounting Concepts	ACCTG 210- Principle of Accounting 1
NTD 3360 Nutrition Through the Lifecycle	NUTR 330- Nutrition in the Lifecycle
NTD 4461 Nutritional Biochemistry I	NUTR 400-Nutritional Biochemistry
MGT 3312 Individual and Organizational Behavior	BUS 321

**Note:** What to major in at BYUI: For efficiency and financial aid purposes, students are encouraged to choose majors that naturally include many prerequisites, such as Food Science, Exercise and Rehabilitation Science or Public Health, ending with an associates degree in Allied Health or General Studies (see APPENDIX B).

### Highlight: Food Science 3 + 1 option

The Food Science 3 + 1 option is a formal agreement between BYU–Idaho and ISU. This pathway allows students to complete three years at BYU–Idaho and one year at ISU, while maintaining flexibility.

#### Key Differences in the 3 + 1 Option

1. COMM 101, SOC 101 and ENG 316 are not required
2. CHEM 105 is taken instead of CHEM 101
3. Food Science coursework fills remaining credit requirements

#### Benefits of the 3 + 1 Option With Food Science

- Students are prepared to transfer to ISU after year 3 with an associate’s degree
- If plans change, students can complete a Food Science degree in one additional year (4 years total)
- A Food Science degree offers strong employment opportunities with competitive salaries
- Provides flexibility without delaying graduation
- Food Science provides strong academic preparation that prepares students for success in dietetics

This option is listed in the BYU–Idaho catalog under the Food Science major with an emphasis in Dietetics. <https://www.byui.edu/majors/food-sciences-nutrition-dietetics-emphasis-bs> (see APPENDIX A – for an example of the course plan for the for the food science 3 + 1 options)

## **B. Completing Supervised Practice and a Graduate Degree**

After completing a bachelor’s degree\* and the ACEND-accredited coursework at ISU, students must complete supervised practice and earn a master’s degree to be eligible for the Registered Dietitian (RD) exam.

ISU offers a master’s program that combines both supervised practice (internship) with a master’s degree in nutrition.

Program Overview: <https://www.isu.edu/dietetics/masters-degree/program-overview/>

### Program Highlights

- Students must apply for both the masters and the internship combined
- 18 positions are available
- GRE is not required
- 4 semester program taking 16 months’
- Discounted tuition for residents of the western states (WGRP) and other financial assistance is available. For more information:

<https://www.isu.edu/dietetics/masters-degree/program-overview/>

### **\*Verification Statement**

If you have already earned a bachelor’s degree or higher, you can earn a Verification Statement by completing the DPD prerequisites and professional courses with a grade of C- or better. Completion of ISU general education requirements may not be necessary. Earning a second bachelor’s degree is optional and not required to receive the Verification Statement. <https://www.isu.edu/dietetics/bachelors-degree/verification-statement/>

## APPENDIX A: Course Plan for a Food Science 3 + 1 program



### Bachelor of Science (B.S.) in Dietetics - Food Science Pathway for BYU-Idaho Transfer Students

Declared major at BYU-Idaho: BS Food Sciences: Nutrition/Dietetics

Semester One (BYU-I)		
Cred	BYU-I	ISU equivalent
3	ENG 150	ENGL 1101
3	FS 120	NTD 2205/L
1	BYU-I 101	BYU-I GEN ED
1	NUTR 120**	NTD 1101
2	REL (cornerstone)	BYU-I GEN ED
5	MATH 109	BYU-I GEN ED
15		

Semester Two (BYU-I)		
Cred	BYU-I	ISU equivalent
3	PSYCH 111	PSYC 1101
4	BIOL 221/222	BIOL 2233/L
3	NUTR 150	NTD 2239
4	CHEM 105/L	CHEM 1101
2	REL (cornerstone)	BYU-I GEN ED
16		

Semester Three (BYU-I)		
Cred	BYU-I	ISU equivalent
3	SOC 111	SOC 1101
4	CHEM 250/L	CHEM 1102/1103
4	BIOL 264/L	BIOL 2227/L
2	FS 220	ELECTIVE
1	FS 230	ELECTIVE
2	REL (elective)	BYU-I GEN ED
16		

Semester Four (BYU-I)		
Cred	BYU-I	ISU equivalent
1	FS 180	ELECTIVE
3	MATH 221B	MATH 1153
4	BIOL 265/L	BIOL 2228/L
3	NUTR 200	ELECTIVE
3	ECON 151 (preferred) or 150	ECON 2201
2	REL (elective)	BYU-I GEN ED
16		

Semester Five (BYU-I)		
Cred	BYU-I	ISU equivalent
3	NUTR 400***	NTD 4481
2	FS 330	ELECTIVE
2	FS 340	ELECTIVE
3	NUTR 330	NTD 3380
2	HCA 280	CPH 2210
2	REL (elective)	BYU-I GEN ED
14		

Semester Six (BYU-I) - Apply to DPD Program by Feb 15th		
Cred	BYU-I	ISU equivalent
3	FS 350	ELECTIVE
3	FS 360	ELECTIVE
3	ENG 301	ENGL 1102
3	Breadth Arts and Humanities	BYU-I GEN ED
3	ACCTG 210	Meets ACCT 3303
15	*Complete approved associate's degree at BYU-I	

**ADVISING NOTES:** \*\* NUTR 120 is only offered every other semester. \*\*\* NUTR 400 is only offered Fall and Spring. Meet with an advisor at BYU-Idaho regularly for course planning and to ensure associate's degree requirements will be met before transferring to ISU. Meet with an ISU Nutrition & Dietetics advisor as soon as possible to ensure everything is on track for the transition to ISU.

Fall (ISU) - First Semester in DPD Program	
Cred	Course
4	NTD 3312/L Quantity Foods & Lab
3	NTD 4401 Medical Nutritional Therapy I
3	NTD 4407 Principles of Community Nutrition
3	MGT 3312 Individual and Organizational Behavior
2	NTD 4470 Dietetics Senior Seminar
15	

Spring (ISU) - Graduate with BS and Apply for MS/DI	
Cred	Course
3	NTD 4400 Nutrition Assessment & Instruction
4	NTD 4402/L Medical Nutritional Therapy II & Lab
3	NTD 4408 Applications in Community Nutrition
3	NTD 4410 Management in Dietetics
3	NTD 4485 Nutritional Biochemistry II
16	

BYU Credits = 92 Total

ISU Credits = 31 Total

Total Earned = 123 Credits

Both residency and upper-division credits requirements will be satisfied during senior year at ISU.

ENGL 3307, SOC 1101 and COMM 1101 waived at ISU if all the classes listed above are completed at BYU-Idaho.

**APPENDIX B:** Course plan for a 3 + 1 program (non-food science major)- Typically leading to an associates degree in Allied Health.



**Bachelor of Science (B.S.) in Dietetics - Associates in Allied Health Pathway for BYU-Idaho Transfer Students**

**Suggested BYU-I Majors Include: 1) Exercise and Rehab Science 2) Public Health 3) Interdisciplinary Studies**

Semester One (BYU-I)		
Cred	BYU-I	ISU equivalent
4	CHEM 101/L	CHEM 1101
3	ENG 150	ENGL 1101
3	MATH 221B	MATH 1153
3	COMM 102	COMM 1101
2	REL (cornerstone)	BYU-I GEN ED
1	BYU-I 101	BYU-I GEN ED
<b>16</b>		

Semester Two (BYU-I)		
Cred	BYU-I	ISU equivalent
4	CHEM 250/L	CHEM 1102/1103
3	ENG 301	ENGL 1102
3	NUTR 150	NTD 2239
3	PSYCH 111	PSYC 1101
2	REL (cornerstone)	BYU-I GEN ED
<b>15</b>		

Semester Three (BYU-I)		
Cred	BYU-I	ISU equivalent
4	BIOL 264/L	BIOL 2227/L
1	<b>NUTR 120**</b> sub for NURS105	NTD 1101
3	SOC 111	SOC 1101
3	Breadth Arts and Humanities	BYU-I GEN ED
2	HCA 280	CPH 2210
2	REL (elective)	BYU-I GEN ED
<b>15</b>		

Semester Four (BYU-I)		
Cred	BYU-I	ISU equivalent
4	BIOL 265/L	BIOL 2228/L
3	<b>FS 120 *</b> sub for PSYCH 201	NTD 2205/L
3	ENG 316	ENGL 3307
4	BIOL 221/222	BIOL 2233/L
2	REL (elective)	BYU-I GEN ED
<b>16</b>		

**ADVISING NOTE:** once you are registered for the bolded classes please request a sub for the listed class required for the degree.

**ADVISING NOTE:** Earn A.S. Allied Health degree after semester 4. Meet with an advisor at BYU-Idaho.

Semester Five (BYU-I)		
Cred	BYU-I	ISU equivalent
6	PROGRAM ELECTIVES	ELECTIVES
3	NUTR 330	NTD 3360
3	ECON 151 (preferred) or 150	ECON 2201
3	NUTR 200	ELECTIVE
<b>15</b>		

Semester Six (BYU-I) - Apply to DPD Program by Feb 15th		
Cred	BYU-I	ISU equivalent
3	BUS 321	MGT 3312
3	NUTR 400***	NTD 4461
3	PROGRAM ELECTIVES	ELECTIVES
3	ACCTG 210	Meets ACCT 3303
<b>12</b>		

**ADVISING NOTES:** \*\* NUTR 120 is only offered every other semester. \*\*\* NUTR 400 is only offered Fall and Spring. Meet with an advisor at BYU-Idaho regularly for course planning and to ensure associate's degree requirements will be met before transferring to ISU. Meet with an ISU Nutrition & Dietetics advisor as soon as possible to ensure everything is on track for the transition to ISU.

\*(795 Interdisciplinary Studies; Emphasis D141 Health Promotion; Minor 242 Nutrition; Cluster C100 Basic Accounting)

Fall (ISU) - First Semester in DPD Program	
Cred	Course
4	NTD 3312/L Quantity Foods & Lab
3	NTD 4401 Medical Nutritional Therapy I
3	NTD 4407 Principles of Community Nutrition
3	NTD 4425/L Food as Medicine & Lab (counts as elective)
2	NTD 4470 Dietetics Senior Seminar
<b>15</b>	

Spring (ISU) - Graduate with BS and Apply for MS/DI	
Cred	Course
3	NTD 4400 Nutrition Assessment & Instruction
4	NTD 4402/L Medical Nutritional Therapy II & Lab
3	NTD 4408 Applications in Community Nutrition
3	NTD 4410 Management in Dietetics
3	NTD 4485 Nutritional Biochemistry II
<b>16</b>	

BYUI Credits = 89 Total

ISU Credits = 31 Total

Total Earned = 120 Credits

Both residency and upper-division credits requirements will be satisfied during senior year at ISU.