

# UTAH STATE: Advising Sheet

<https://qanr.usu.edu/degrees/ndfs/undergrad/dietetics>

Utah State University (USU) offers ACEND-accredited dietetics coursework, supervised practice and a master's degree through several different options. Students may complete prerequisite coursework at BYU–Idaho and then work with USU to complete ACEND required coursework, supervised practice, and a graduate degree.

## A. How to complete the required ACEND accredited courses

- **Option 1: Transfer to USU and Complete a Bachelor's Degree in Dietetics**

**Step 1:** To apply for the USU DPD program complete the prerequisite courses.

USU Pre-Requisite Courses	BYUI Equivalent
<a href="#">ENGL 1010- Intro to Writing</a>	ENG 150
<a href="#">MATH 1050-College Algebra</a>	MATH 110
<a href="#">NDFS 1020- Sci and Applied Nutrition</a>	NUTR 150
<a href="#">NDFS 1030- Into to Dietetics</a>	FS 120
<a href="#">ENG 2010- Intermediate Eng</a>	ENG 301
<a href="#">NDFS 2020- Lifecycle Nutrition</a>	NUTR 330
<a href="#">PSY 1010- Intro to Psychology</a>	PSYCH 111
<a href="#">NDFS 1240- Food Literacy</a>	FS 120
<a href="#">CHEM 1210- Principle of Chem 1</a>	CHEM 105

**Step 2:** To complete an associate's degree and be on track to complete a bachelor's degree at USU in 4 years, complete the following additional courses at BYUI.

Other Recommended Classes	BYUI Equivalent
<a href="#">STAT 1040- Stats</a>	MATH 221b/c, Math 124
<a href="#">BIOL 2420- Physiology</a>	BIO 265 and BIO 265
<a href="#">NDFS 2030- Nutrition and Physical Perm</a>	NUTR 350
<a href="#">NDFS 1600- Med Term</a>	HCA 280
In Addition, all other courses needed to secure an associate's degree in allied health or general studies (see advising)	

**Step 3:** If you have additional time at BYUI- these courses can be completed and will reduce your load your junior and senior year at USU.

If Time Permits	
<a href="#">CHEM 2300- Organic Chemistry</a>	CHEM 351 (lab not necessary)
<a href="#">CHEM 3700- Intro to Biochemistry</a>	BIO 385

<https://www.usu.edu/registrar/transfer/credit-search>

**Step 4:** While completing your last semester of prerequisite course work apply to and be accepted into the USU Didactic Program in Dietetics (DPD).

- Complete a bachelor's degree in Dietetics at USU (2 additional years)
- Coursework fulfills ACEND requirements

There is some flexibility in transfer equivalents: Please meet with an advisor at USU as soon as possible.

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• **Option 2: Complete a Bachelor's Degree at BYU-Idaho + a USU DPD Verification Statement**

**Step 1:** Complete a bachelor's degree at BYU-Idaho

- Complete all USU prerequisite coursework listed below and a bachelors degree
- While taking courses at BYUI, any major is acceptable, but for financial aid and efficiency, students are encouraged to choose a major that already includes many of the prerequisites listed below (e.g., Food Science or Exercise and Rehabilitation Sciences are good options)

<b>USU Pre-Requisite Courses</b>	<b>BYUI Equivalent</b>
<a href="#">General Chemistry</a>	Chem 105 (lab not necessary)
<a href="#">Organic Chemistry</a>	CHEM 351 (lab not necessary)
<a href="#">Biochemistry (200 level course or higher)</a>	BIO 385 (lab not necessary)
<a href="#">Introduction to Human Nutrition</a>	NUTR 150
<a href="#">Human Physiology</a>	BIO 264/264L BIO 265/265L
<a href="#">Nutrition Through the Life Cycle</a>	NUTR 330
<a href="#">Principles of Statistics</a>	MATH 221b/c, Math 124
<a href="#">General Psychology</a>	PSYCH 111
<a href="#">Food Literacy/Culinary Basics</a>	FS 120
<a href="#">Medical Terminology</a>	HCA 280

**Step 2:** While completing your final year of BYUI bachelor's degree coursework and DPD prerequisite coursework apply to and be accepted into the USU Didactic Program in Dietetics (DPD) online Verification Statement Certificate.

**Step 3:** Complete the USU DPD Verification Statement Program (VSP)

- Two semesters of ACEND-accredited coursework through Utah State
- Can be completed entirely online, no out of state tuition
- Upon completion, students receive a **Verification Statement** required to apply for supervised practice program

<https://qanr.usu.edu/degrees/ndfs/undergrad/dietetics-pages/dpd-vsp>

## **B. Completing Supervised Practice and a Graduate Degree**

After completing ACEND-accredited coursework (Option 1 or Option 2 above), students must complete supervised practice and earn a master's degree to be eligible for the Registered Dietitian (RD) exam.

**Option 1:** Utah State University Dietetic Internship (supervised practice)

- Accepts 12–14 students per year (~60% acceptance rate)
- Students must have completed ACEND-accredited coursework
- Preceptor and training sites are arranged for students
- Students without a master's degree must be concurrently enrolled in a graduate program (choice of MPH or MS in Nutrition) within the USU Department of Nutrition, Dietetics, and Food Sciences
- Program information: <https://qanr.usu.edu/degrees/ndfs/graduate/dietetic-internship>

**Option 2:** Master of Dietetics Administration (MDA). This program combines a master's degree with the required 1,000 hours of supervised experiential learning

- Based in Salt Lake City, but coursework can be completed from any location (distance education format)
- Accelerated program: completed in 1 year
- Students complete all coursework and supervised practice during the program
- Applicants from outside of Utah must secure their own preceptors and training sites prior to applying. In state applicants can apply for 10 prearranged rotations (these are highly competitive)
- Approximately 50 students accepted each year
- Tuition is the same regardless of residency status (no out-of-state tuition differential)

Program information and overview video:

<https://qanr.usu.edu/mda/>